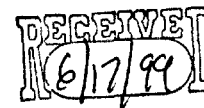


NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA  
AND 21 C.F.R. § 101.93



4238 '99 JUN 21 AIO:04

This notification is being filed on behalf of Natural Balance, Inc., 3130 N. Commerce Court, P. O. Box 8002, Castle Rock, CO 80104 – 8002, which is the manufacturer of the product which bears the statements identified in the Notification. This Notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. § 101.93. The dietary supplement product on whose label or labeling statements appears is Herbal Slumber®.

The text of each structure-function statement for which notification is now being given is:

- Statement 1: *Fall Asleep Easily*
- Statement 2: *The Herbal Slumber formula is a powerful blend of relaxing ingredients, including Melatonin, which studies indicate actually helps you to get to sleep without morning grogginess.*
- Statement 3: *For most people Melatonin produces remarkable results, helping induce deep, restful sleep.*
- Statement 4: *That's why Herbal Slumber blends a unique complement of natural ingredients known to help you relax, fall asleep and renew your energy reserve.*
- Statement 5: *Melatonin. A hormone which studies indicate helps increase sleep efficiency.*
- Statement 6: *Valerian. A natural herb known to help relieve tension and induce sleep.*
- Statement 7: *Chamomile and Hops. Popular natural herbs used in sleep preparations.*

The following summary identifies the dietary ingredient(s) for which a statement has been made:

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1.	<i>Melatonin, Valerian</i>
2.	<i>Melatonin, Valerian, Hops, Chamomile, Magnesium</i>
3.	<i>Melatonin</i>
4.	<i>Melatonin, Valerian, Hops, Chamomile, Magnesium</i>
5.	<i>Melatonin</i>
6.	<i>Valerian</i>
7.	<i>Chamomile and Hops</i>

NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA AND 21 C.F.R. § 101.93

Herbal Slumber®

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling</u>
1.	Herbal Slumber®	Printed Box – 60 Capsules Label – 60 Capsules
2.	Herbal Slumber®	Printed Box – 60 Capsules Label – 60 Capsules
3.	Herbal Slumber®	Printed Box – 60 Capsules
4.	Herbal Slumber®	Printed Box – 60 Capsules
5.	Herbal Slumber®	Printed Box – 60 Capsules
6.	Herbal Slumber®	Printed Box – 60 Capsules
7.	Herbal Slumber®	Printed Box – 60 Capsules

I, Patricia L. Vazquez, am authorized to certify this Notification on behalf of Natural Balance, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that Natural Balance, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 6.14.99

By:

Title:

*Patricia L. Vazquez*  
*Director, Regulatory Affairs*